# **LIFE CONNECTIONS & CAPSTONE 12**

# **COURSE OUTLINE 2020- 2021**

Life Connections 12 is a mandatory course required for graduation. The aim of Life Connections is to enable students to learn personal development, make connections to community, and to start work on their life plan. Life Connections 12 will help students research, organize and plan; develop their communication and teamwork skills; prepare for success in future endeavours; and is meant to be a celebration of each student's

# This course is designed around the following curriculum big ideas:

- Career-life development includes ongoing cycles of exploring, planning, reflecting, adapting, and deciding.
- Career life decisions influence and are influenced by internal and external factors, including local and global trends.
- Engaging in networks and reciprocal relationships can guide and broaden career life awareness and options.
- A sense of purpose and career-life balance support well-being.
- Lifelong learning and active citizenship foster career-life opportunities for people and communities.

#### Students are expected to be able to do the following:

past, current and future achievements.

<ul> <li>Recognize personal worldviews and perspectives, and consider their influence on values, actions, and preferred futures.</li> <li>Analyze internal and external factors to inform personal career life choices for post-graduation planning.</li> <li>Assess personal transferable skills and identify strengths and those skills that require further refinement.</li> <li>Explore and evaluate personal strategies, including social, physical, and financial, to maintain well-being.</li> </ul>	Experience     Explore possibilities for preferred personal and education/employment futures     Identify and apply preferred approaches to learning for ongoing career-life development and self-advocacy     Engage in, reflect on, and evaluate career life exploration
Collaborate with a mentor to inform career-life development and exploration.     Engage with personal, education, and employment networks to cultivate post-graduation resources and social capital.     Create and critique personal and public profiles for self-advocacy and marketing purposes.     Demonstrate and reflect on inclusive, respectful, and safe interactions in multiple career-life contexts.	Share  Reflect on experiences in school and out of school, assess development in the Core Competencies, and share highlights of their learning journey  Design, assemble, and present a Capstone.

#### **Teacher Contact Information:**

Teacher:	E-Mail Address:	Website & Teams Page:
Mr. Main	jmain@sd35.bc.ca	Website: http://mrmainsclassroom.weebly.com
		Teams Page: MSS – Mr. Main – CLC 12 – Q3

### **Class Expectations:**

- Mandatory attendance. If you are absent, you will be responsible to find out what you missed by:
  - Checking our class website,
  - Checking the CLC 12 Teams page (MSS Mr. Main CLC 12 Q3),
  - Messaging or emailing your teacher for class details.
- Use of Microsoft Teams. Pertinent information and certain online assignments will be shared/handed in this way.
- Participation in class discussions. (Respect the confidentiality of our in class conversations.)
- Completing assignments on time. \*If for some reason, you require an assignment extension, please be responsible and proactive and message me on Teams or send me an email so that we can make arrangements that work for both of us.\*
- Phones to be kept off and away unless otherwise directed.
- Completion of Capstone project and Capstone exit interview.
- Always be Honest and Respectful in class.
- Own your mistakes. Not only is it okay to make mistakes; it is expected of everyone, including me!
- Have fun!

# **Required Class Materials**

- If you have access to a personal iPad/laptop it is highly recommended you bring it to class to work on your digital portfolio and other Capstone requirements.
- You come prepared to work on your Capstone by bringing all of the necessary components.
- Lined paper, three ring binder, black fine liner, pencil crayons, pencil, pens, felts and a ruler.

### <u>Capstone Exit Interview Requirements:</u>

Completion of your Capstone project and participating in a Capstone exit interview are a mandatory graduation requirement.

Here are some things that you will be expected to share during your interview:

- Mentorship who has had the most influence on you and your future plans and WHY
- Artifact that demonstrates your academic growth (from Grade 11/12)
- Artifact that represents your personal story
- Sharing your transition plan
- Sharing of your Capstone project
- Sharing of your digital portfolio
- Answering the question, how has your time at RE Mountain shaped you into becoming the person you are today and moving forward?