



GROCERY SHOPPING

PRICING OUT YOUR THANKSGIVING DINNER!

SHOW ALL YOUR CALCULATIONS!

PURCHASE TWO LOAVES OF SOURDOUGH BREAD.

Loaves of Sourdough
 $2 \times \$3.00 =$
\$6.00

 <p>Canadian Pork</p> <p>pork back ribs cryovac package, fresh 20289672</p> <p>4⁹⁸ LB 10.98/kg</p>	 <p>SeaQuest shrimp ring frozen, 227 g 20080289</p> <p>LIMIT 4</p> <p>5⁰⁰ EA OVER LIMIT PAY 5.98 EA</p>	<p>Easy Entertaining</p>	
 <p>PC[®] sweet apple cider product of Canada, 3 L 20000095</p> <p>4⁹⁸ EA</p>	 <p>baked in-store</p> <p>sourdough or pumpernickel bread selected varieties, 675 g 2010311/20653517</p> <p>3⁰⁰ EA</p>	 <p>Schneiders pepperettes or bites selected varieties, 250-375 g 20976110/21099100</p> <p>8⁰⁰ EA</p>	 <p>Bento family pack sushi selected varieties, 400-600 g 20798972</p> <p>FROM 12⁹⁸ EA 12.98-15.98</p>
 <p>mini seedless watermelon product of U.S.A. 20445379001</p> <p>3⁹⁸ EA</p>	 <p>CLUB SIZE</p> <p>454 G PKG</p> <p>PC[®] whole white or Cremini mushrooms product of Western provinces 20761372/20738571</p> <p>2⁹⁸ EA</p>	 <p>yellow peaches or black plums product of U.S.A., no. 1 grade 20316478001/ 20311564001</p> <p>1⁹⁸ LB 4.37/kg</p>	 <p>mums 6.5 inch 20712546</p> <p>7⁰⁰ EA</p>
 <p>CLUB SIZE</p> <p>3 LB BAG</p> <p>Farmer's Market lemons product of South Africa 20798811001</p> <p>LIMIT 2</p> <p>4⁹⁸ EA OVER LIMIT PAY 5.98 EA</p>	 <p>optimum 1,000 pts</p> <p>Gourmet garden herbs lightly dried or herb paste, product of Australia, all sizes 20009533</p>	 <p>ORCHARD RUN</p> <p>Orchard Run Royal Gala or Ambrosia apple product of British Columbia, Canada no. 1 grade 20078454001/21060658001</p> <p>.97 LB 2.14/kg</p>	 <p>PC[®] deluxe bouquet 21103486</p> <p>20⁰⁰ EA</p>

PURCHASE TWO BOXES OF FROZEN CHICKEN WINGS.

Boxes of Frozen
Chicken Wings:
 $2 \times \$11.98 =$
 $\$23.96$

 <p>GREATER SELECTION LOWER PRICES</p>	 <p>PC[®] or Free From[™] chicken or turkey wings selected varieties, frozen, 700-907 g 20708932</p> <p>11⁹⁸ EA</p>	 <p>Marcangelo roasts selected varieties, 340 g-1.2 kg 20986681</p> <p>9⁹⁸ EA</p>	 <p>CLUB SIZE cut from Canada AAA Western Beef</p> <p>CUT IN-STORE cap-off prime rib steak or roast cut from Western Canada AAA grade beef, self serve tray 20822359</p> <p>9⁹⁸ LB 22.00/kg</p>
 <p>PC[®] Too Good To Be Wings[™] boneless chicken or turkey chunks selected varieties, frozen, 800 g 20800516</p>	 <p>PC[®] Too Good To Be Wings[™] boneless chicken or turkey chunks selected varieties, frozen, 800 g 20800516</p> <p>LIMIT 2 9⁹⁸ EA OVER LIMIT PAY 13.98 EA</p>	 <p>Cook's picnic ham whole, smoked 20690059</p> <p>2⁷⁸ LB 6.13/kg</p>	 <p>Schneiders[®] bacon 375 g or Maple Leaf Ready Crisp[®] bacon 65 g selected varieties 20772671</p> <p>5⁹⁸ EA</p>
 <p>California squid or squid tube frozen, 680 g-1 kg 20121461/20809866</p> <p>9⁹⁸ EA</p>	 <p>Catch of the Day[®] fish fillets selected varieties or Go Basa[®] fillets frozen, 580 g-1.32 kg 20651933</p> <p>9⁹⁸ EA</p>	 <p>Atlantic lobster tails thawed for your convenience, 2-3oz, or fresh salmon or steelhead portions 113 g, subject to availability 20639467</p> <p>4⁴⁸ EA</p>	 <p>AquaStar[®] king crab legs frozen, 500 g 21012170</p> <p>LIMIT 4 24⁹⁸ EA OVER LIMIT PAY 34.98 EA</p>
 <p>steelhead fillet frozen 20005835</p> <p>7⁹⁸ LB 17.59/kg</p>	 <p>previously frozen Coho salmon headless, thawed for your convenience 20684527</p> <p>5⁹⁸ LB 13.18/kg</p>	 <p>coho salmon lox 400 g or sockeye salmon lox 300 g thawed for your convenience 20756449</p> <p>16⁹⁸ EA</p>	

PURCHASE THREE HEADS OF SPINACH.

Heads of Spinach:
 $3 \times \$1.48 =$
\$4.44

 <p>Quality BASMATIRICE RIZ BASMATI</p> <p>NET WEIGHT 3.63 kg 20787290</p> <p>LIMIT 4 8⁹⁸ EA OVER LIMIT PAY 9.97 EA</p>	 <p>optimum 1,000 pts</p> <p>Tea India 216's, 681 g 20177173</p>	<p>Happy Diwali</p> 
 <p>Shana paratha or chapati selected varieties, 400 g 20990535001</p> <p>LIMIT 4 1⁹⁸ EA OVER LIMIT PAY 2.48 EA</p>	 <p>optimum 300 pts</p> <p>Quality mango pulp 850 g 20670426001/20683769</p>	 <p>Shana whole okra or rings, karela, or pigeon peas frozen, 300 g 20753995</p> <p>1⁴⁸ EA</p>
 <p>Suraj beans, lentils or peas selected varieties, 540 mL 20540269</p> <p>.98 EA</p>	 <p>optimum 500 pts</p> <p>Britannia milk rusk 560 g 21024034</p>	 <p>10 LB BAG red onions product of Western provinces, Canada no. 1 grade 20171965001</p> <p>LIMIT 2 4⁹⁷ EA OVER LIMIT PAY 6.98 EA</p>
 <p>KFI cooking sauce selected varieties, 375 mL 20419490001</p> <p>LIMIT 4 3⁰⁰ EA OVER LIMIT PAY 3.38 EA</p>	 <p>Maggi 2-Minute noodles 70 g 20802664</p> <p>.27 EA</p>	 <p>bunched spinach product of Western provinces 20162840001</p> <p>1⁴⁸ EA</p>

PURCHASE THREE BAGS OF MISS VICKIES POTATO CHIPS AND FOUR CARTONS OF OASIS FRUIT JUICE.

Bags of Chips:
 $3 \times 2.97 = \$8.91$

Cartons of juice:
 $4 \times \$3.48 =$
\$13.92

<p>Happy Thanksgiving</p>	<p>Duche De Longueville sparkling fruit juice selected varieties, 750 mL 20298554</p> <p>3²⁸ EA</p>	<p>PC[®] The Decadent[™] cookie selected varieties, 280/300 g 20312257 20612260</p> <p>2⁴⁸ EA</p>
<p>CLUB SIZE</p> <p>PC[®] or Blue Menu[™] entrées selected varieties, frozen, 1.81/2.27 kg 20134930</p> <p>Always \$12</p>	<p>Perrier or San Pellegrino sparkling water selected varieties, 750 mL/1 L 20374621</p> <p>LIMIT 4</p> <p>1²⁵ EA OVER LIMIT PAY 1.50 EA</p>	<p>OASIS Health Break Antioxia</p> <p>Arizona</p> <p>Oasis Health Break or Smoothie 1.75 L or 1.65 L selected varieties, refrigerated 20320745003</p> <p>3⁴⁸ EA</p>
<p>Miss Vickie's potato chips selected varieties, 220 g 20301951001 21173382</p> <p>2⁹⁷ EA</p>	<p>Nestea iced tea, Minute Maid refreshers or Fruitopia beverages selected varieties, 12x341/355 mL 20130460002</p> <p>LIMIT 4</p> <p>3⁹⁸ EA OVER LIMIT PAY 5.48 EA</p>	<p>Minute Maid REFRESH</p>
<p>Mott's Clamato cocktail selected varieties, 1.89 L 20318955002 20318955003</p> <p>2⁸⁷ EA</p>	<p>Keebler Club 350/380 g, Town House 260-391 g or Special K cracker chips 113 g selected varieties 21107403 21107408</p> <p>2⁰⁰ EA</p>	<p>PC[®] Crisp & Thin 225 g or cheese crackers 200 g selected varieties 20185144001/20431569003</p> <p>1⁷⁸ EA</p>

PURCHASE FOUR CANS OF GREEN GIANT CORN, ONE TUB OF BECEL MARGARINE, TWO CANS OF WHIPPED CREAM & ONE PACK OF NAPKINS.

Cans of corn:
4 x \$1.00 =
\$4.00

Tub of
Margarine:
1 x \$3.98
= \$3.98

Cans of Whipped
Cream:
2 x \$1.97 = \$3.94

Pack of
Napkins:
1 x \$4.98
= \$4.98

 <p>Green Giant vegetables selected varieties, 341/308 mL 21021485</p> <p>LIMIT 4</p> <p>1⁰⁰ EA OVER LIMIT PAY 1.28 EA</p>	 <p>Philadelphia cream cheese 227/250 g or frosting 280 g selected varieties 206-41267 21123084</p> <p>2⁹⁸ EA</p>	<p>Happy Thanksgiving</p>
 <p>Gay Lea Real whipped cream 225 g, Lactantia or Dairyland Half & Half cream 473 mL selected varieties, Items may vary by province 20048223001</p> <p>1⁹⁷ EA</p>	 <p>Dairyland sour cream regular or light, 500 mL 20275966001</p> <p>LIMIT 2</p> <p>2⁴⁷ EA OVER LIMIT PAY 2.97 EA</p>	 <p>100% pure canola oil huile de canola pure à 100 % 3 L 20028656</p> <p>LIMIT 4</p> <p>4⁴⁸ EA OVER LIMIT PAY 4.98 EA</p>
 <p>Angie's Boom Chicka Pop candy corn or pumpkin spice kettle corn selected varieties, 128 g 209874062</p> <p>2⁹⁸ EA</p>	 <p>Wholly wholesome pies selected varieties, 581/738 g 21194378</p> <p>LIMIT 4</p> <p>12⁹⁸ EA OVER LIMIT PAY 14.98 EA</p>	 <p>Becel margarine selected varieties, 680-907 g 20297818002</p> <p>LIMIT 4</p> <p>3⁹⁸ EA OVER LIMIT PAY 4.98 EA</p>
 <p>Organics PC Organics butter salted or unsalted, 250 g 20319885001</p> <p>4⁴⁸ EA</p>	 <p>Green & Black's chocolate bar selected varieties, 100 g 20315286004 20315286007</p> <p>3⁴⁸ EA</p>	 <p>Clover Leaf oysters or mussels selected varieties, 85 g 20617497 20618779</p> <p>LIMIT 4</p> <p>1⁶⁷ EA OVER LIMIT PAY 2.27 EA</p>
 <p>PC dinner napkins 180's 20084398</p> <p>LIMIT 2</p> <p>4⁹⁸ EA OVER LIMIT PAY 6.98 EA</p>		

PURCHASE ONE PACKAGE OF TASSIMO COFFEE & ONE KETCHUP.

Packages of coffee:
 1 x \$4.98
 = \$4.98

Bottle of Ketchup:
 1 x \$3.47 = \$3.47

<p>Buy 2</p>  <p>General Mills family size cereal selected varieties, 526-778 g 21103492/21103495</p>		<p>Get</p> <p>2,000 pts</p>  <p>Tassimo coffee pods 8-16's or Nescafé Gold instant coffee 100 g or Nabob ground coffee 300 g selected varieties 20026954001 21074532</p> <p>4⁹⁸ EA</p>	
<p>Post cereal selected varieties, 311-550 g 20044140001 21085840</p>  <p>2⁹⁷ EA</p>		<p>Unico beans, chick peas, lentils or tomatoes selected varieties, 540/796 mL 20313447002 20314629001</p>  <p>LIMIT 4</p> <p>1⁰⁰ EA OVER LIMIT PAY 1.28 EA</p>	
<p>Liberté Greek 4x100 g, Crunch 2x130 g, Mediterranee 500 g or Mini Yop drinkable yogurt 6x93 mL selected varieties 20604024003</p>  <p>3²⁸ EA</p>	<p>iögo Nano drinkable yogurt selected varieties, refrigerated, 6x93 mL 20609687001</p>  <p>3⁴⁸ EA</p>	<p>PC Greek yogurt selected varieties, 908 g 206329003</p>  <p>5⁹⁸ EA</p>	<p>Heinz ketchup selected varieties, 750 mL/1 L 20115102001</p>  <p>3⁴⁷ EA</p>
<p>300 pts</p> <p>Knorr Sidekicks selected varieties, 116-162 g 20321430011</p> 	<p>Uncle Ben's rice selected varieties, 1.4-2 kg 20140634001 20140634002</p>  <p>LIMIT 4</p> <p>5²⁸ EA OVER LIMIT PAY 6.48 EA</p>	<p>Campbell's Ready-To-Eat soup selected varieties, 540 mL 20299141004 20312884003</p>  <p>LIMIT 4</p> <p>1⁶⁷ EA OVER LIMIT PAY 1.98 EA</p>	<p>Old Dutch chips 255 g or Dutch Crunch 200 g selected varieties 20503479004 2167160</p>  <p>2⁵⁰ EA</p>

PURCHASE ONE 9 KG TURKEY & 6 KG OF SWEET POTATOES.

Turkey:
 $9 \times \$2.14$
 $= \$19.26$

Sweet Potatoes:
 $6 \times \$1.48 = \8.88



REAL CANADIAN SUPERSTORE

Friday, October 4 to Thursday, October 10

30,000 pts when you spend \$300* or more in-store or online. That's \$30 in rewards.

whole turkeys utility grade, frozen, selected sizes 20042132 **.97 LB** 2.14/kg

pork tenderloin cryovac package, fresh 20520970 **2.98 LB** 6.57/kg

sweet potatoes product of U.S.A. 20127708001 **.67 LB** 1.48/kg

PC* cooked or raw white peeled shrimp 31-40 ct per lb, frozen, 400 g 20789931 **6.98 EA** LIMIT 4 OVER LIMIT PAY 9.97 EA

Nabob coffee 915/930 g, Nabob or Maxwell House pods 30's or Melitta whole bean coffee 907 g selected varieties 20074173002/20666818003 20975319 **9.98 EA** LIMIT 4 OVER LIMIT PAY 13.98 EA

PC* frozen fruit selected varieties, frozen, 400/600 g 20306054 **3.97 EA**

Sodastream Fizzi sparkling water maker 21154094 **89.98 EA**

ALL CHECKOUT LANES OPEN GUARANTEED* SATURDAY + SUNDAY 10AM - 6PM

*Unless we are unable to due to unforeseen technical difficulties

Happy Thanksgiving

*Checkout lanes guarantee available in all Western Canada stores. Steinbach and Winkler locations closed Sundays.

Total cost for all the groceries for Thanksgiving: \$110.72